



Could you volunteer to mentor young people in local schools?

The RISE Trust, a local Children's Charity, is looking to place volunteer mentors into Chippenham Primary and Secondary schools to work with children and young people who require some additional help.

The role of a mentor involves supporting the mentee by offering positive one to one interaction on a regular basis and building, over time, a relationship of trust and respect. With that comes a confidence that enables the mentee to open up about any worries and concerns they may have. The mentor can then act as a sounding board, often talking from their own experiences, to enable the mentee to explore their feelings and be supported in any actions they may want to take.

Mentoring is very relaxed and informal, often play based in primary schools, but requires a skilful person who listens well, is warm and caring and can act as a role model for the mentee.

A commitment to in-school mentoring usually involves a minimum of 2 hours per week. The RISE Trust supports you by providing training, before you start mentoring, and then longer term with access to resources, guidance as the relationship with the mentee builds as well as reimbursing you for any expenses you incur.

If you would like to talk more about whether mentoring is for right for you please call for more information.

I look forward to hearing from you.

Fay Norris

Mentor Me Co-ordinator at the RISE Trust 01249 445288